



## ***Nature Explore - Equipment List***

### ***Summer 2026***

Please make sure campers are prepared by following the recommendations on this Equipment List.

If you don't have some of the items listed below, we will have a limited supply available for campers to borrow.

***\*\*\*Keep in mind everything, including lunch, needs to fit in your campers backpack. Except for extra clothes.***

***Please bring or wear the following items each day:***

- **Sturdy, broken-in hiking boots or tennis shoes (*no sandals please*)**
- **Wool socks (*not cotton*)**
- **Fleece Jacket (*not cotton*) - Warm, Fleece or Synthetic Jacket (*not cotton*)**
- **Rain Jacket**
- **Sun Hat**
- **Sturdy, non-leaking water bottle (2 bottles of 16 oz or more)**
- **Healthy lunch & snack!**
- **Sunscreen & lip protection (*applied & in backpack*)**
- **Comfortable Daypack**
- **In Separate Bag: spare clothing (sweatshirt, shirt, underwear, pants, & socks)**
- **Optional: insect repellent**

**Please make sure your name is on each item. Wear clothing that CAN get dirty!**

**FITaos is *electronic free*. Please NO Smartwatches, iPods, cell phones, or video games.**

Please do not pack any glass items.

If you have questions, please feel free to contact us by phone or email. See you soon!

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